

Rigved Foundation

Affiliated with KME Vidyapeeth Nagpur

The Syllabus of BNYS has been designed to give equal onus in yogic science and other naturopathy techniques along with the human body and ailment study. For a basic understanding of the BNYS syllabus, it can be split into four quarters.

The first quarter, usually of 18 months focuses on providing knowledge on human anatomy and theoretical studies of Human physiotherapy and other ailments. The second quarter focuses on the microbiological and pathology studies. The third quarter emancipates on various therapeutic methods along with medical studies and the final quarter deals with the application of naturopathy studies in practical applications and scenarios in healing. Certain Universities follow a different course pattern where the curriculum is split into 3, each of 18 months duration. At the end of this course, the students are subjected to a one-year practical internship which will provide them real-time practical knowledge on the subject. The curriculum consists of the following subjects:

BNYS Subjects:

The following subjects are being pursued in the BNYS course:

BNYS Syllabus	
Year-1 (1.5 Years)	
SI No	Subjects
1	Human Anatomy-1
2	Human Physiology-1
3	Biochemistry
4	Human Anatomy-2
5	Human Physiology-2
6	Philosophy of Nature cure I &
7	Philosophy & Practice of Yoga

BNYS Syllabus	
Year-2	
SI No	Subjects
1	Pathology I & II
2	Human Microbiology
3	Yoga and Physical Culture-1
4	Diagnostic Methods in Naturopath
5	Diagnostic Methods in Modern Medicine

BNYS Syllabus	
Year-2	
6	Basic Pharmacology

BNYS Syllabus	
Year-3	
SI No	Subjects
1	Forensic medicines and toxicology
2	Community Medicine
3	Psychology & Basic Psychiatry
4	Obstetrics & Gynecology
5	Yoga & Physical Culture - II
6	Nutrition & Herbology
7	Massage Chiropractors Osteopathy Aroma and Therapy

BNYS Syllabus	
Year-4	
SI No	Subjects
1	Yoga Therapy
2	Hydrotherapy
3	Manipulative Therapy
4	Chromotherapy & Magneto therapy
5	Fasting & Diet Therapy
6	Acupuncture, Acupressure, Reflexology, Reiki & Pranic healing
7	Physiotherapy
8	Hospital management
9	Minor Surgery, First Aid & Emergency Medicine

Other Related Syllabus and Subjects:

- [Diploma in Naturopathy Syllabus and Subjects](#)
- [BAMS Syllabus and Subjects](#)